# How do I feel?

Cut along the gaps to make six cards. Look at one face together and name the feeling. Your child can point, use their own word or pass.



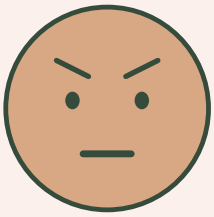
## Happy

“I feel happy.”



## Sad

“I feel sad.”



## Angry

“I feel angry.”



## Worried

“I feel worried.”



## Excited

“I feel excited.”



## Calm

“I feel calm.”